**Sobhan Karate Academy**

**Website Text**

**COVER**

BE STRONGER THAN YESTERDAY

Learn the art of Shotokan Karate style.

**WHO WE ARE**

With a schooling experience of more than four decades, Sobhan Karate Academy is currently operating at two different locations based in Dhaka. We have students from age 5+ to 65, more than 80% of whom are female.

Our logo conveys the principle of self-building through succession under the guidance of different belts and their teaching methods. The human figure in Mawashi Geri kick, breaking out of the red circle, represents that this art of karate also assists our students to create a firm stance in society, confidently facing and going beyond the adversities of stereotype mindset.

Our uniquity is to nurture and train students to be a strong person—fit for our society. We study our recruits and understand their individual psychology. Such practice helps us to map and go through a distinct route to address their mentality and bring out the inner strength they possess.

**WHAT WE TEACH**

We train and motivate students for their overall growth in skills, and physical and mental stability. A dojo (karate classroom) is a place that commands focus, respect, and honor. Traditionally, students of all ages must show honor to their instructor as well as other classmates. Our classroom atmosphere exhibits honor, confidence, and prompt obedience that the students catch quickly. Our parents have noted an increased level of compliance at home after their child began practicing the martial art.

We, at Sobhan Karate Academy, teach and practice the art of Shotokan Karate style. It was developed by Grandmaster Gichin Funakoshi in 1928 in Okinawa, Japan. In Japanese, shōtō means “pine waves”, the movement of pine needles when the wind blows through them, and kan means “house” or “hall”. The name was established by Funakoshi’s students who created a sign reading shōtō-kan and placed it above the entrance of the hall where Funakoshi taught.

**OUR HERITAGE**

With the motto “Service to humanity means service to God”, Grandmaster Al-Haj Abdus Sobhan established Sobhan Martial Art Training Centre back in 1978. Grandmaster Abdus Sobhan is a legend in the field of martial arts in Bangladesh. He was a council member of the International Grandmaster Council, USA, and International Combat Unit, UK. He was awarded his 7th Dan Black Belt in Karate from West Indies and 4th Dan Black Belt in Judo from Germany.

Grandmaster Abdus Sobhan has participated in numerous national and international competitions and tournaments the world over and achieved awards for his motherland many times. He was the Vice-president of the Bangladesh Judo & Karate Federation and an enthusiastic philanthropist. Many of our contemporary martial art masters and offensive defence experts were his direct students.

Sobhan Karate Academy proudly carries on the legacy of Grandmaster Abdus Sobhan by practicing his perception and appreciation of society.

**BAR (countdown numbers)**

00

Students

00

Sensei

00

Graduates

00

Years of services

**KARATE BENEFITS (with icons)**

Ensures muscular and aerobic fitness

Keeps body alignment, balance, and movement

Increases perceptual awareness

Manages stress

Activates concentration and discipline

Builds confidence

**COURSES OFFERED**

Sobhan Karate Academy offers a range of courses depending on the type of recruits. Besides the students, we also cater to working professionals to build their body, mind, and lifestyle.

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| --- | --- | --- | --- |
| **Type** | **Admission Fee (BDT)** | **Uniform and Belt Fee (BDT)** | **Monthly Fee (BDT)** |
| Student | 5,000 | 2,000 | 3,000 |
| Professional | 5,000 | 2,000 | 4,000 |
| 9-months long Self Defence Course for Adults: BDT 40,000 *(including admission fee)* | | | |

|  |  |
| --- | --- |
| **Type** | **First Month Payment (BDT)** |
| Student | 10,000 |
| Professional | 10,000 |

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| --- |
| **Belt Exam Fee (BDT)** |
| 1,200 |
| Per exam |

**CLASSES AND EXAMS**

Considering the diversified need of our recruits, we offer different class times throughout the week.

|  |  |  |  |
| --- | --- | --- | --- |
| **For Students** | | | |
| Monday–Wednesday | — | 4:00–6:00 pm | 6:00–8:00 pm |
| Thursday–Saturday | 2:30–4:30 pm | 4:30–6:30 pm | 6:30–8:30 pm |

|  |  |  |  |
| --- | --- | --- | --- |
| **Special Defence Course** | | | |
| Monday–Wednesday | 2:30–4:30 pm | 4:30–6:30 pm | 6:30–8:30 pm |

Every three months, Sobhan Karate Academy arranges competitions between different batches of its students for their regular succession. Besides, the academy regularly participates in all the national-level tournaments and competitions organized by Bangladesh Karate Federation and other individual entities.

**OUR SENSEI**

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**TESTIMONIALS**

AAAA

**GALLERY**

AAAA

**CONTACT**

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We Are Open

Monday - Saturday

2:30 pm - 8:30 pm

*Google map location*

<https://maps.app.goo.gl/mVmRAtfwpjV3MTC49>